

LifeSource contains the key ingredients your body needs:

- ✓ Vitamin C
- ✓ Vitamin D
- ✓ Calcium
- ✓ Vitamin E
- ✓ Selenium
- ✓ Folic Acid
- ✓ Vitamin B6
- ✓ Alpha Lipoic Acid
- ✓ Resveratrol
- ✓ Magnesium
- ✓ Lutein
- ✓ Potassium
- ✓ DMAE (*Dimethylaminoethanol*)
- ✓ Vitamin B12

And many more....

Supplement Facts

Serving Size: 4 Capsules		Servings Per Container: 30	
	Amount Per Serving	% Daily Value	
Vitamin A (as retinyl palmitate and 66% as beta-carotene with mixed carotenoids)	10,000 IU	200	
Vitamin C (as ascorbic acid, sodium ascorbate and calcium ascorbate)	500 mg	833	
Vitamin D (as cholecalciferol)	400 IU	100	
Vitamin E (as α -tocopheryl succinate)	200 IU	667	
Vitamin K (as phytonadione)	25 mcg	31	
Thiamin (as thiamin mononitrate and thiamin cocarboxylase)	30 mg	2,000	
Riboflavin (as riboflavin and riboflavin-5-phosphate)	30 mg	1,765	
Niacin (as niacinamide and niacinamide ascorbate)	30 mg	150	
Vitamin B6 (as pyridoxine HCl and pyridoxal-5-phosphate)	30 mg	1,500	
Folate (as folic acid)	800 mcg	200	
Vitamin B12 (as cyanocobalamin and cobamamide)	100 mcg	1,667	
Biotin	300 mcg	100	
Pantothenic acid (as D-calcium pantothenate and panthothenol)	50 mg	500	
Calcium (as hydroxyapatite, dicalcium phosphate, calcium carbonate and calcium citrate)	500 mg	50	
Phosphorus (as hydroxyapatite and dicalcium phosphate)	250 mg	25	
Iodine (from kelp)	150 mcg	100	
Magnesium (as magnesium oxide and magnesium citrate)	200 mg	50	
Zinc (as zinc citrate and OptiZinc [®] monomethionine)	15 mg	100	
Selenium (as selenium methionine complex)	200 mcg	286	
Copper (as copper stearate)	2 mg	100	
Manganese (as manganese citrate)	7 mg	350	
Chromium (as chromium ChromMate [®] polycitrate)	200 mcg	167	
Molybdenum (as molybdenum chelate)	50 mcg	67	
Potassium (as potassium citrate)	99 mg	3	
Alpha-Lipoic acid	50 mg	*	
Resveratrol (from Polygonum cuspidatum root extract)	25 mg	*	
Lutein	6 mg	*	
DMAE bitartrate	100 mg	*	
Greens Blend:	100 mg	*	
Alfalfa (leaf), spirulina, chlorella, dulse, wheat grass			

*Daily value not established

With all the multivitamin / multimineral product choices in the market today, LifeSource is one of the few that offers a complete and balanced combination of high quality ingredients that deliver real results. But, don't take our word for it. **Try LifeSource for yourself and experience the exciting health benefits a true high quality supplement can deliver to your body.**

For even better results, we encourage you to use Xooma's "Xtreme X20" in your water every day. The combination of Xtreme X20 and LifeSource on a daily basis provide you with a rock solid foundation for optimal health.



XOOMA
WORLDWIDE

LIFESTYLE SOLUTIONS

For More Information or to Order

Please contact:

Boyd or Debra Gerber
801 849-0213 (ask for John)
<http://www.zenez.com/B/x20/index.html>
<http://www.xoomaworldwide.com/zenezx20>
* note 0 above is a zero

©2007 All rights reserved, Xooma Worldwide
150 Research Drive • Hampton, VA 23666

**NOT just another
multivitamin product...**



“LifeSource with Longevity Factors” is a revolutionary multivitamin/multimineral formula with specialized nutrients that are proven to impact biological aging systems (brain health, eye health, cellular integrity and blood sugar chemistry) in a positive manner.

This synergistic formula contains optimal daily intakes or ODI's (as opposed to the bare minimum recommended daily intakes or RDI's) of each vitamin and mineral with the added benefit of additional research proven nutrients that impact the biological aging of various cells and genes throughout the body.

In recent years, longevity (anti-aging) researchers have been able to identify the key mechanisms behind “cellular aging” and have isolated the factors that can slow or reverse those aging processes. The most important of these factors are actually determined by your environment, lifestyle and dietary choices. In other words, how “old” your body feels is largely determined by what you do to support your health on a daily basis.

Regeneration is the key to longevity. When we are young we are able to regenerate with incredible speed and efficiency. As we get older and neglect to make the healthy choices our bodies need us to make, we start to break down. This is what leads to cellular aging. LifeSource from Xooma Worldwide is designed to provide you with the daily nutrients you need to help fight the effects of “cellular aging.”

LifeSource contains the following **Four Longevity Factors:**



Alpha Lipoic acid is a naturally occurring and essential cofactor in energy metabolism that also acts as one of the bodies most powerful antioxidants. Lipoic acid has been shown to help prevent both vitamin C and vitamin E deficiency as it helps keep water soluble and fat soluble antioxidants active over extended periods. Research also shows that lipoic acid may be a strong inhibitor of energy loss through aging, as it helps protect the bodies premiere energy factories (*mitochondria*) from decay.*



Resveratrol is one of the most powerful antioxidants produced by the plant kingdom—found especially in grapes and red wine. It has been shown in studies to exert powerful positive effects on the heart and blood vessels by inhibiting the narrowing of arteries, keeping blood cells from sticking together. Harvard researchers have also discovered that Resveratrol has the ability to activate a “longevity gene,” which could possibly extend life span.*



Lutein is a naturally occurring carotenoid (one of 600) which is found in green leafy vegetables like spinach and kale. Lutein is a very powerful antioxidant where eye health is concerned. Several studies indicate that the higher the lutein concentration in the macula, the lower the risk for age related eye disease such as Macular Degeneration (AMD).



DMAE (Dimethylaminoethanol) is a biochemical precursor to the neurotransmitter involved in memory—acetylcholine. DMAE is often referred to as the main “brain food” associated with fish consumption, as it is naturally occurring in fishes like sardines and anchovies. Studies have indicated that DMAE (in smaller dosages, as found in LifeSource) may be able to enhance brain function and overall mood. DMAE has also been shown to increase the lifespan of animals.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



High Quality Sources:

Have you ever wondered why so many multivitamin products available today list many of the same ingredients on their labels but seem to be so different in their prices? If so, you're not alone. Labels can be misleading – especially when the ingredients are simply listed by name.

LifeSource is different. Not only does this formula provide the “optimal daily intake” of the vitamins and minerals you need, we proudly list the sources next to the name of almost every ingredient. Unlike most of the highly advertised “bargain priced” multivitamins on the market, LifeSource provides you with some of the highest quality ingredient sources available today. Higher quality ingredients lead to better absorption by the body, increased health benefits and a much better value for your money. After all, what good is a “bargain priced” multivitamin if your body can't effectively use the nutrients?